

***MIND, BODY & SPIRIT WOMEN'S WORKSHOP***

Wesley Chapel United Methodist Church

Route 2 Box 421

Ridgeley, West Virginia 26753

May 9, 2007

Ms. Theresa Stahl  
13005 Lewis Heights Drive, S.W.  
Cresaptown, Maryland 21502

Dear Theresa:

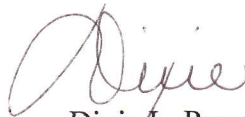
On behalf of the Women's Workshop Committee at Wesley Chapel United Methodist Church, I would like to thank you for making such a wonderful presentation at our workshop on Saturday, March 24, 2007. Including "Praise Moves" in our program generated a great deal of enthusiasm for the topic. Your presentation was fact-filled, interesting and fun. I cannot believe how many people who I rarely see get out of pews, actually got up and participated in the praise moves.

I wanted to let you know that I heard many favorable comments about your presentation from those in attendance. Many of them also remembered that you spoke at the workshop in 2004 concerning nutrition and that you were the only person who has done a second presentation at our workshop.

I would like to thank you for taking time from your busy schedule to accommodate us and I believe that any group would benefit by having you make a presentation.

Thank you so much for participating in our workshop and God bless.

Sincerely,



Dixie L. Pownall  
Chairperson